

Observations from the Gospels about the Prayer Life of Jesus

A. How Jesus prayed:

1. He made prayer a priority and a frequent practice. (Matthew 14:23, Mark 1:35, Luke 5:16)
2. He prayed knowing the Father heard Him always. (John 11:41-42)
3. He prayed alone. (Matthew 14:23)
4. He prayed specifically and persistently, but always in submission to God and in accordance with the will of the Father. (Matthew 26:36-44)

B. When Jesus prayed:

1. He consistently prayed in the beginning, during, and at the close of His Ministry. (Luke 3:21, 5:16, 23:46)
2. He prayed after ministering all day. (Matthew 14:23, Mark 1:35)
3. He prayed after ministering through the evening. (Mark 1:32-35)
4. He prayed all night. (Luke 6:12)
5. He prayed in the midst of His own suffering. (Luke 23:34)
6. He prayed before making major decisions. (Luke 6:12-13)
7. He prayed in the midst of a trial. (Matthew 26:36-44)

C. What Jesus Prayed and What He Taught about Prayer:

1. He taught His Disciples the basics of prayer. (Matthew 6:9-13, Luke 11:1-4)
2. He demonstrated How to Pray. (John 17)
3. He prayed for the strengthening of others. (Luke 22:32)
4. he prayed for His Disciples and for the Disciples who were to follow. (John 17:20)
5. He prayed for God's forgiveness of those who were His enemies. (Luke 23:34)